



2 weeks itinerary for Freepackers groups in Thailand (Chiang Mai)



Days	Activities
Day 1: Sunday	Pickup and transfer to the accommodation in Chiang Mai. Welcome dinner
Day 2: Monday	<p>Morning Introduction to projects, house rules, setting expectations, health and safety advice and handling of documents. Thai Do's and Don'ts, Thai culture lessons and Thai language lessons.</p> <p>Afternoon Chiang Mai City tour</p> <p>Evening Wander around Chiang Mai night Bazaar and buy some souvenirs</p>
Day 3: Tuesday	<p>Morning Participate in the Teaching Project</p> <p>Afternoon</p>



	<p>Lesson plan</p> <p>Evening Free time to relax or for group activities</p>
Day 4: Wednesday	<p>Morning Participate in the Teaching Project</p> <p>Afternoon Lanna History Lesson & Lanna Language lesson and lesson plan</p> <p>Evening Free time to relax or for group activities</p>
Day 5: Thursday	<p>Morning Participate in the Teaching Project</p> <p>Afternoon Chiang Mai Zipline</p> <p>Evening Free time to relax or for group activities</p>
Day 6: Friday	<p>Morning Participate in the Teaching Project</p> <p>Afternoon Muay Thai lesson</p> <p>Evening Free time to relax or for group activities</p>
Day 7: Saturday	<p>Morning Visit to umbrella village and painting umbrellas</p> <p>Afternoon After lunch visit to the Hot spring pool</p> <p>Evening Saturday Night market</p>
Day 8: Sunday	<p>Morning Lanna Folklife museum</p> <p>Afternoon Thai cooking lesson</p> <p>Evening Sunday Night market</p>



Day 9: Monday	All day Participate in the Construction Project Evening Free time to relax or for group activities
Day 10: Tuesday	All day Participate in the Construction Project Evening Free time to relax or for group activities
Day 11: Wednesday	All day Participate in the Construction Project Evening Wander around Chiang Mai night Bazaar and buy some souvenirs
Day 12: Thursday	All day Participate in the Construction Project Evening Free time to relax or for group activities
Day 13: Friday	All day Participate in the Construction Project Evening Final feedback session and farewell dinner
Day 14: Saturday	Pack your bags and say your goodbyes to the local team ! Check out and departure transfer to the airport

*This itinerary may be subject to change due to unforeseen circumstances.

Complementary informations

- All mentioned meals , shared accommodation, transportation, airport pick up, airport drop-off and scheduled activities included
- Accommodation (Chiang Mai): Single gender, 4-6 pax per room, Aircon, Hot water shower & Wifi.
- The itinerary is based on a **minimum of 10 persons**.





About the teaching program

This program partners with child development centers, kindergartens, primary schools, and secondary schools, allowing you to work in diverse educational settings. You'll bring fresh teaching strategies to complement local methods, support students in rural areas, and gain valuable insights into the Thai education system while fostering connections with students and teachers. This program allows you to immerse yourself in the vibrant Thai culture while making a meaningful difference in the lives of children.

Your mission includes the following:

- You will help teach subjects like English, math, or science, based on your skills and interests.
- You will collaborate with local teachers to guide lessons and support students
- You will create fun and engaging lesson plans to make learning interactive.
- You will use methods like games, songs, and visuals to enhance understanding.
- You will assist with classroom preparation and organizing materials.





About the construction and renovation program

This program focuses on improving essential facilities like schools, temples, and healthcare centers to enhance living conditions and support the well-being of residents. You'll take part in hands-on tasks such as painting, cleaning, plastering walls, and repairing roofs, directly contributing to safer and more functional spaces.

Tasks will include:

- You will clean work areas, mix cement, paint walls, plaster surfaces, and undertake roof repairs.
- You will help in upgrading facilities such as classrooms, sanitation areas, and housing structures.
- You will work under the guidance of experienced supervisors to ensure tasks are safe, efficient, and aligned with project goals.

