



Teen Summer Camp in Kenya

A learning camp in Kenya, with a combination of projects and cultural and recreational activities.



Group size: Minimum of 10 participants.

Price per person: €1515

Summary of proposed projects and activities :

- Swahili lessons
- Excursion to Thomson Falls

- Visit to Nakuru National Park
- Safari in a nature reserve
- Traditional cooking course
- Nature reserve project
- Environmental project
- Visit to Nakuru
- Boat trip on Lake Naivasha

Suggested itinerary :

Day 1: Arrival and private transfer from NBO airport + Swahili language course.

Day 2: Excursion to Thomson Falls + Introduction to Maasai culture Day 3: Excursion to Nakuru National Park

Day 4: Game reserve safari + traditional cooking course

Day 5: In-reserve project + visit to Nakuru

Day 6: In-reserve project + Maasai culture + film evening

Day 7: In-reserve project + Karaoke evening

Day 8: Women's empowerment project + film night

Day 9: Nature reserve project + football with the community

Day 10: Rest day

Day 11: Environmental project + boat trip on Lake Naivasha Day 12: Environmental project + talent show

Day 13: Environmental project + bonfire and farewell dinner

Day 14: Private transfer to airport for return flight

The project:

Kenya is renowned for its wildlife, which roams freely across the savannah, making it an ideal destination for a sustainable tourism project. Wildlife is an important part of Kenya's economy, but also at a local level, which explains the significant development of sustainable tourism in the region. In most cases, isolated communities live in close proximity to wildlife. Over time, the development of civilisation has led to conflicts between man and wildlife and, in most cases, animals have been driven from their natural habitat to allow human activities to flourish. Various associations have created conservation areas to promote healthy coexistence between wildlife and local communities.

Working alongside local specialists and guides, you will be one of the key players in managing the day-to-day activities aimed at protecting the environment.

You will be involved in activities such as ecological monitoring, census-taking, tracking, collaring and many other tasks. You will be accompanied by a wildlife specialist during your work in the reserve. This specialist will explain your tasks and train you in the tools and processes involved. It's important to know that there is a local community within the

reserve. You will have the opportunity to interact with them, which will help you to better understand their coexistence with wildlife and their impact on environmental conservation during this sustainable tourism project.

Detailed itinerary :

Day 1 (Fri): On arrival at NBO airport, you will be met by our coordinator. You will then be transported to our accommodation in Nakuru, a 3.5-hour drive away. After settling into your rooms, the group will meet for an orientation session to familiarise you with the environment and for a briefing on the activities to be undertaken during your stay. After this orientation session, you will have the opportunity to take part in a basic Swahili course, which will add a cultural dimension to your experience. In the evening, we'll enjoy a delicious and authentic Kenyan dinner, setting the scene for an evening of culinary exploration.

Day 2 (Sat): In the morning, we'll set off on an exciting excursion to Thomson Falls. This adventure promises a scenic hike to the falls basin, allowing us to immerse ourselves in the natural beauty of the area.

Thompson Falls is a true Kenyan gem, and this excursion offers a fantastic opportunity to explore and connect with nature. After lunch, we immerse ourselves in the rich cultural heritage of the Maasai people, taking part in a vibrant session of Maasai song and dance, and exploring the art of traditional Maasai painting. We will also have the opportunity to learn how to make exquisite Maasai beads.

In the evening, we'll enjoy an exciting talent show, followed by a campfire before we all gather for dinner at our accommodation.

Day 3 (Sun): Day trip to Nakuru. Nakuru is famous for its national park. It is one of Kenya's most visited parks due to its biodiversity and the large concentration of flamingos that reside on the lake. The park offers fantastic safari opportunities to see African wildlife, including lions, leopards, black and white rhinos, giraffes, zebras, buffalo, impala and many species of birds. There are several hiking trails in the park, offering panoramic views of the lake and surrounding wildlife.

Day 4 (Mon): In the morning, we head to the nature reserve. We start the day with a safari. This immersive experience serves as an introduction to the landscape, the remarkable wildlife and the lush flora that characterise this conservation area.

This immersive experience serves as an introduction to the landscape, remarkable wildlife and lush flora that characterise this conservation area, as well as giving us the opportunity to marvel at the iconic animals in their natural habitat. After lunch, we'll resume our exploration to delve deeper into the wonders of this remarkable habitat.

On returning from our adventure in the reserve, we'll take part in a traditional cooking class. This is an experience in which you will learn the secrets of making authentic Kenyan cuisine.

Day 5 (Tue): Today's programme promises a memorable experience as we begin ecological monitoring and surveillance activities focusing on the endangered Rothschild's giraffe. Under the guidance of experts, we will have the unique opportunity to observe, learn and contribute to the conservation efforts of these magnificent creatures throughout the day. In the afternoon we will continue with the project.

In the evening, we'll set off on a captivating tour of Nakuru, immersing ourselves in the local culture and exploring the unique attractions that make this place so special.

Day 6 (Sea): In the morning we will be tasked with removing invasive plant species that have encroached on the reserve's grazing areas. Equipped with the necessary tools and guided by conservation experts, we will work together to restore the natural balance of this precious ecosystem. This is a concrete opportunity to make an impact while deepening our understanding of the delicate interaction between species and habitat.

In the afternoon, we will take part in a special and culturally enriching session with the Masai. This unique experience will include the haunting rhythms of Maasai song and dance, allowing us to immerse ourselves in their traditions.

In the evening, we'll gather for a special Kenyan film night, giving us the opportunity to immerse ourselves in the culture and stories of this dynamic nation.

Day 7 (Thu): On this project day, we'll be tasked with clearing the grasslands of invasive plants and inspecting the perimeter of the fence for any signs of damage. In the evening, we'll have a karaoke night.

Day 8 (Fri): In the morning, we'll start our new environmental mission. In the afternoon, we'll visit the women's empowerment project.

In the evening, we'll gather for a Kenyan film night, a chance to enjoy ourselves while deepening our appreciation of Kenya's rich cinematic heritage.

Day 9 (Sat): On this day, we will take part in birdwatching in the nature reserve with the aim of discovering the different species of birds.

In the evening, we'll have the chance to play football with the local children.

Day 10 (Sun): After a busy week, we'll give the group time to rest.

Day 11 (Mon): In the morning, we'll head to the Dundori nursery for an enriching experience. Here, the group will have the opportunity to learn about the whole process of caring for tree seedlings, and gain an insight into conservation efforts and sustainable practices. We will then have the privilege of working with local women who are actively involved in the tree nurseries. This experience allows us not only to contribute to the preservation of the environment, but also to establish a deeper connection with the local community and its dedication to conservation.

In the afternoon we will head to Lake Naivasha for an exciting boat trip. During this scenic adventure, the group will have the chance to see hippos in their natural habitat and catch a glimpse of the wildlife of Crescent Island.

This excursion promises both relaxation and wildlife encounters, creating memorable moments amidst the beauty of Lake Naivasha's surroundings.

In the evening, we'll take part in a campfire, where the timeless wisdom of Masai stories mingles with the joy of traditional Masai games, creating an evening filled with cultural richness and camaraderie.

Day 12 (Tue): We head to the environmental project for the day. In the evening, we'll take in another talent show.

Day 13 (Wed): Last day of the environmental programme. We end our stay with a farewell dinner around a campfire.

Day 14 (Thu): On this final day, we'll gather our belongings and prepare for departure. As we leave behind the memories and experiences of Nakuru, Kenya, let us take with us the knowledge, connections and appreciation of the natural world and local communities that we have encountered during our 5-day adventure. Bon voyage and may the impact of our journey continue to inspire positive change in the world.

Included :

- All projects and activities listed above.
- Accommodation in shared rooms
- Airport transfer (return)
- Orientation and training on arrival
- 3 meals per day
- Local transport for all projects and activities.
- Dedicated group coordinator on all projects and activities
- 24/7 local emergency assistance

Not included :

- International/local flights
- Optional or additional excursions (personal expenses)
- Medical insurance