



Culture week in South Africa

This is the perfect way to spend your time doing activities that you love. Create a tailor made package according to your liking by choosing between Cape Town's popular activities. You can make this tour as active or relaxed as you like.

Program description

Cape Town offers a diversity of cultures, cuisines, activities and landscapes. With the picturesque backdrop of of Table Mountain, the coastal city of Cape Town lies at the southern tip of South Africa.

From history and culture to adventure and scenery all found within the city, you are sure to experience multiple breathtaking adventures here in the Motherland.

Equipment

- Modest clothing (covers knees and shoulders)
- Bring swimwear for beach activities.
- Comfortable walking shoes, sandals, water shoes
- Sun hat, fleece sweater, windproof rain jacket (depending on weather)
- First-aid kit (medications, sunscreen, insect repellent, rehydration tablets)
- Toiletries (shampoo, soap, etc.)
- Day pack, small travel towel, reusable water bottle
- Moneybelt, locks for bags
- Personal entertainment (books, cards, music player)
- A small backpack for day trips.
- Waterproof bags to keep electronics safe.



Schedule

Day 1: Arrival

- You are welcomed at Cape Town International Airport or collected from any address within close radius
- The hostel is a mere 5 minute walk from the beachfront, boasting fabulous restaurants, bars, shops, public transport, as well as the beautiful white beaches of Blouberg & famous Kite Beach.
- Early arrivals can spend the day either relaxing on beach, enjoying picturesque views of Table Mountain
- In the evening, meet at the hostel for a lekker (nice) homemade South African meal. We highly recommend joining us on these nights. You will be automatically signed up for dinner on the first night of your package.
- Afterwards, you can roll down to the local bars and pubs where you can spend the rest of the night at leisure.

Days 2 - Township tour & Robben Island

- Have breakfast and then get collected by your local guide who will take you on a Township tour. (historical development of our townships, everyday life of our township residents)
- Tour highlights include District six (Museum optional), Langa township (Family hostel, Shebeen, Traditional healer) Via Bonteheuwel (Coloured township), Gugulethu (Gugulethu the seven and Amy Bihl memorial) and Khayelitsha (Philani Centre, Pre-school).
- Take the ferry from the V&A Waterfront to Robben Island, A National World Heritage site known as the place where Nelson Mandela was held in prison during the apartheid era.

Schedule

Day 3 - Wine tour (option 1)

- Start the morning with a pick up from a local guide for an elegant but relaxed tour through the Cape Winelands.
- You'll visit any of the three regions of the Cape Winelands, either Stellenbosch, Franschhoek or Paarl.
- You will be dropped off at your accommodation in the late afternoon/evening to enjoy the night at leisure.

Or Cape Point Tour (option 2)

- Spend a day exploring the beautiful Cape Peninsula on this tour from Cape Town. With a professional local guide by your side, you'll have the opportunity to get a true sense of the beauty and diversity of Cape Town.
- Just a short drive from the inner city, diverse fauna and flora, spectacular views and cultural delights will wow you!
- You can get your fix of cuteness as you walk alongside African penguins at Boulders beach and learn about these endangered creatures and the efforts being made to conserve them.

Day 4 - Walking Tour (morning)

Once you get to the city, you have two options to choose from:

Option 1: Walking Tour:

- Do a walking tour visiting historical sites like the Castle of Good Hope and the Grand Parade. Learn about life under apartheid in South Africa at the Parliament Buildings and the District Six Museum. Shop for African arts and crafts in Greenmarket Square and St George's Mall.

Option 2: The Hop On Hop Off bus tour:

- Board this topless bus that takes you to all the sites you need to see, such as Camps Bay, the V&A Waterfront and Table Mountain... all from the comfort of your seat!

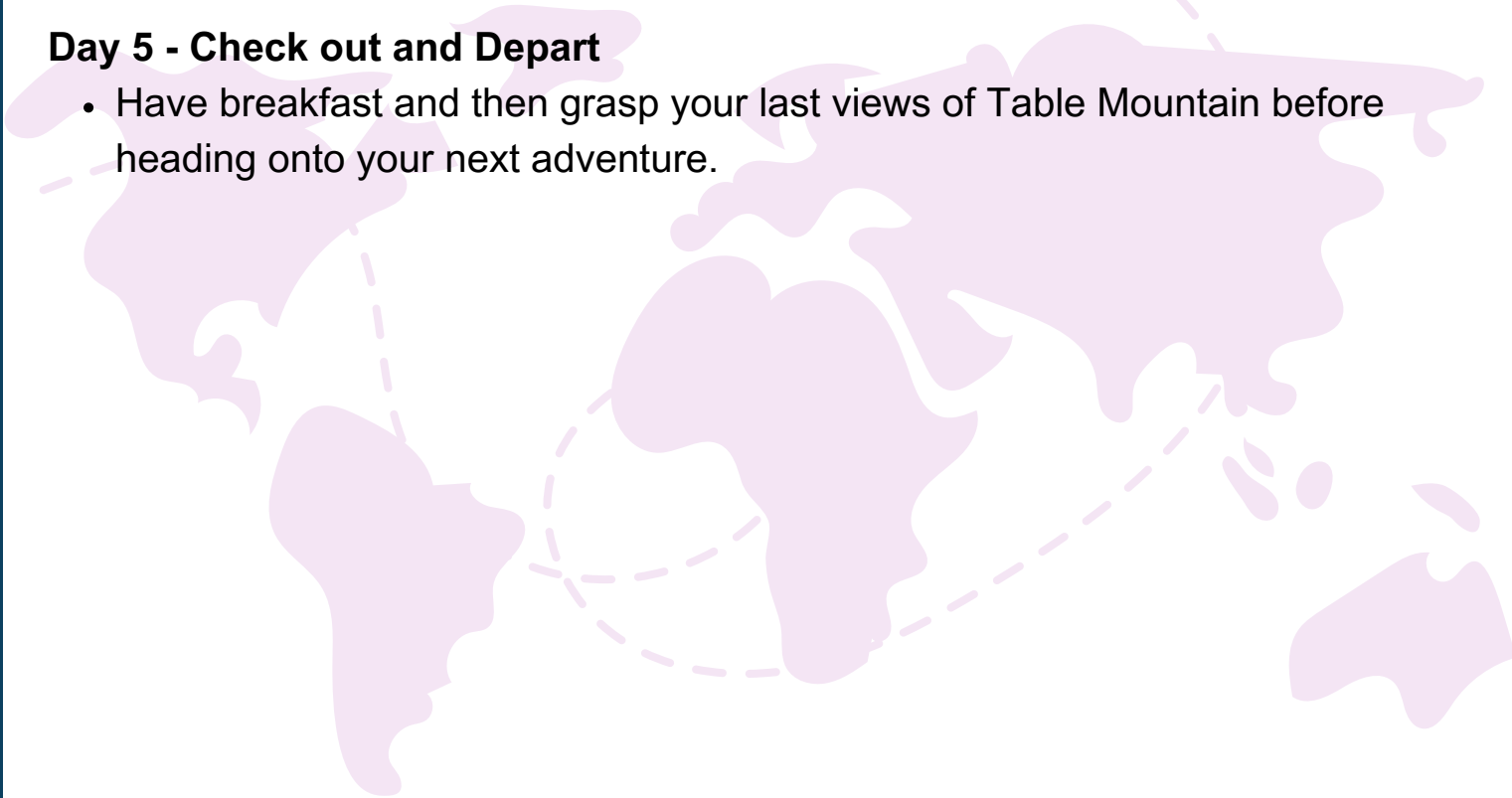
Schedule

Day 4 - Cape Malay cooking class (afternoon)

- Get to know aspects of the cultural diversity that Cape Town has to offer on an interactive guided walk through the historical heart of the Bo-Kaap with a mini shopping safari.
- Stop at a local spice shop and halaal butcher which offers opportunities to interact with locals and to discover typical ingredients.
- The highlight is to visit a local family's home and participate in a hands-on cooking experience!

Day 5 - Check out and Depart

- Have breakfast and then grasp your last views of Table Mountain before heading onto your next adventure.



Additional Informations

Weather in South Africa

South Africa has typical weather for the Southern Hemisphere, with the coldest days of winter in June–August. The climate is mild, with average daytime temperatures around 15 °C (59 °F) in winter and around 20 °C (68 °F) in summer, even though rapid increases in temperature may occur when the wind blows from the desert, which lies to the east and is scorching hot in summer.

Safety in South Africa

Cape Town is a major, modern cosmopolitan South African city. As such, we would advise travellers to exercise the same level of vigilance they would exercise when visiting any major city in the world.

ATMs

It's perfectly possible to travel on plastic since ATMs are widespread. They're mostly located outside banks, though you'll also find them at the airports, larger supermarkets and some shopping malls.