

# United Nations Goals

All our projects follow medium and long-term objectives, defined with local partners in line with the United Nations Sustainable Development Goals (SDGs). Freepackers offers programmes that support and contribute to their achievement, in keeping with the advice given by this international structure.

## What are these objectives?

In 2015, 193 states adopted the Sustainable Development Goals. By participating in their implementation, the signatory states are trying to combat poverty, inequality and climate change.

These objectives were therefore adopted in 2015 at the Paris Climate Change Conference, also known as COP21. This conference focuses on highlighting the challenges and issues in order to combine human prosperity with the protection of the planet.

17 goals are highlighted and adopted as the United Nations Sustainable Development Goals (SDGs). Each goal is a continuation of the goals before. the Millennium Development Goals, set in 2000. In 2015, the MDGs came to an end: a great success, with a 50% reduction in extreme poverty worldwide. The new 2030 targets were set in 2015 to build on this success.

However, the SDGs go further: they want to improve the lives of everyone, everywhere, and create a better world for future generations. Living well while leaving a better world for our successors is the essence of sustainable development.

Freepackers contributes to the achievement of the SDGs in all of its projects, contributing to the goal of conserving aquatic life as well as terrestrial life, helping communities and providing access to healthcare for all, and much more.



## The Sustainable Development Goals: freepackers' efforts

### **GOAL 2: Our efforts to achieve "Zero Hunger"**

The United Nations, through this SDG, aims to end hunger and malnutrition in all its forms within 10 years. We offer various projects, including internships, to assist populations suffering from malnutrition. The main tasks of the participants focus on awareness-raising and educating local youth. We emphasize the benefits and importance of proper nutrition, and participate in the preparation of balanced meals for local communities. The community internship in Fiji aims to reduce malnutrition in the Dawasamu district. Malnutrition, widespread in Fiji, is a major issue in the region. Paradoxically, these islands are rich in fruits, vegetables, and nutritious root plants. During this mission, various workshops are held to raise community awareness about the value of nutrition. An increasing number of locals attend these workshops, organized during the missions, reflecting the positive impact of the projects in Fiji, in line with the "Zero Hunger" goal. For instance, the district nurse reported a significant decrease in malnutrition among children under five between February and October 2018.



### **GOAL 4: Our efforts to provide quality education**

Education is a key aspect of achieving the United Nations' Sustainable Development Goals. Access to quality education improves one's future and enhances opportunities for personal empowerment. Freepackers provides access to many educational projects in communities in need of educational support. Many projects also focus on women's empowerment, such as the program offered in Cape Town. Local women wish to develop their computer skills to secure employment. Together with the hosting organization, we have created such a program. We continually develop our lessons to provide them with the keys to empowerment.



### **GOAL 5: Our efforts to eradicate gender inequalities**

Achieving this goal means eradicating discriminatory laws, norms, and practices that remain widespread in society. It also includes ensuring gender equality of opportunities, a mission addressed by several of Freepackers' programs. All women's empowerment programs, and even educational programs, contribute not only to Goal 4 but also to Goal 5. Helping local women in South Africa develop their computer skills to find jobs more easily is part of eradicating gender inequalities. By providing women with the



necessary skills to be competitive in the job market and instilling them with newfound confidence, we respect and contribute to the achievement of this goal.

### **GOAL 6: Our efforts to provide access to clean water**

Many communities lack reliable and consistent access to clean drinking water, particularly in rural areas. We seek to reduce these risks in several of Freepackers' projects. After the 2004 tsunami, concerns grew that the ecosystem of the Curieuse Marine National Park (CMNP) in the Seychelles might suffer significant decline. To assess these concerns, our partner teamed up with the Seychelles National Park Authority (SNPA) and began monitoring the forest in 2013. Ecosystem services, including water provision, are essential for society. Ensuring the health of our mangrove forest is our way of supporting global efforts to improve water quality. We offer this forest monitoring mission within our environmental and marine conservation programs in the Seychelles.



### **GOAL 8: Our efforts to provide decent work and economic growth**

Freepackers supports communities by helping them secure decent employment, thereby fostering sustained economic growth and improving average living standards. Several projects contribute to improving the standard of living in local communities. This is especially true in marine conservation programs in Mexico, where scholarships are now provided to locals most in need, while also strengthening cultural exchanges between participants and regional residents.



### **GOAL 14: Our efforts to conserve aquatic life**

In line with this sustainable development goal, we strive to conserve oceans, seas, and marine resources through various projects. This is the case for marine conservation programs in places like Mexico, Costa Rica, and Fiji. By participating, Freepackers helps protect marine ecosystems, oceans, and their inhabitants. Our bases make ethical environmental choices, including recycling stations, solar panels, compostable toilets, and the reduction of single-use plastics. Most of our bases also organize beach clean-ups when possible. Many are located in coastal villages, focusing on community development, wildlife conservation, and marine conservation, all working together to clean our oceans.



### **GOAL 15: Our efforts to protect terrestrial life**

This involves preserving and restoring terrestrial ecosystems. Many projects contribute to protecting species and assisting wildlife in the face of various threats and challenges. This is true for the program in Limpopo, South Africa. Here, staff and participants support local organizations in collecting data and implementing various conservation projects. This section presents research conducted in Limpopo on the predation habits of resident cheetahs.



### **GOAL 17: Our efforts to bring together partners to achieve these goals**

We contribute to establishing a global partnership for sustainable development by collaborating directly with local associations within communities. As the United Nations recognizes, it is essential to partner and work together. Freepackers embodies this in all that we do and undertake, forming unique and collaborative relationships with each community in which we are present.

