



# Culture week in Bali

Get ready for an action-packed week full of exciting adventures. Throughout the week, you will get to learn the basics of the Balinese language, explore Ubud and its surrounding areas, learn how to do a Balinese Batik painting and finally immerse in the Balinese culture by receiving real exposure.

# Program description

Indonesia is one of the most interesting countries in the world for cultural learning and experiences. Bali is renowned for its diverse and sophisticated art forms, such as painting, sculpture, woodcarving, handicrafts, and performing arts.

Similarly, Bali, one of the most popular tourist destinations in the world, boasts one of the most diverse and innovative performing arts cultures in the world, with paid performances at thousands of temple festivals, private ceremonies and public shows.

Thus, this Culture Week is packed full of exciting adventures, cultural excursions and interactions. It includes language lessons, visits to various temples around Bali, a walking tour of Ubud and the famous Monkey street, local art and cooking classes, traditional dance shows and flower arranging classes.

During the Culture Week, you will be participating in various activities and will get acquainted with the Balinese culture, study the Balinese language and explore Ubud and its beautiful surrounding areas. Through this week you will experience a traditional Balinese show and challenge your artistic and creative side through traditional Batik Painting and also try out your skills as a cook with a traditional Balinese cooking class.

Finally, you will make a traditional flower offering and offer your creation at one of the most impressive Balinese temples: The Holy Tirta Empul Temple. At this temple, you will also have the opportunity to immerse yourself in Holy Water and pray for good luck.

# Additional Equipment

## **Personal belongings such as:**

- There is a lot of walking and exploring, so bring with you comfortable shoes so you can move comfortably and easily.
- Bring personal toiletries such as basic soap, shampoo, toothpaste and towels.
- Bring a hat, and sunglasses to protect from the heat of the sun.
- An environmentally friendly sunscreen or lotion is also advised
- Mosquito repellents
- Medicines for headaches and stomach aches.
- Refillable water bottles.

## **Dress code:**

- Indonesia is a Conservative Country, please wear modest clothing covering knees and shoulders. Loose and long clothing is both respectful and tends to keep you cooler in hot climates. Cover up as much as possible in the spirit of the local culture to avoid embarrassment.
- Your clothes must not be too short, too tight, or too revealing. Kindly make sure your shoulders and legs are covered.
- Be thoughtful of the graphics, symbols or text printed on your clothing.



# Schedule

## Monday

On Monday, you will have breakfast and then get an introduction to the Bali traditions and culture. Then you will go on a walking tour of the popular Monkey street and Ubud market.

After the visit, you will have lunch and then join a class on introduction to Balinese culture.

You will then have an early dinner and leave to witness the traditional Balinese dance show.

## Tuesday

- 8.00 Breakfast
- 9:30 Balinese Language Class
- 12:00 Lunch
- 14:00 Village Walking tour (Visit rice terrace, an art village and beautiful hills by walking)
- 17:30 Dinner

## Wednesday

- 8:00 Breakfast
- 9:30 Balinese Language Class
- 12:00 Lunch
- 13.00 Batik painting class
- 17:30 Dinner

# Schedule

## Thursday

- 8:00 Breakfast
- 09:30 Cooking class
- 12:00 Lunch
- 14:00 Balinese flower offering Class
- 18:30 Welcome and Goodbye dinner

## Friday

- 8:00 Breakfast
- 9:00 Spiritual Tour: we go to visit the famous temple "PuraTirtaEmpul" the holy water temple and you can enjoy a shower with the Holy Water(Late Lunch at the house /Possible to get some snack or drink in the temple)
- 13.00 Lunch
- 15.00 Project meeting
- 17:30 Dinner

\*This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

