



Horse therapy in Argentina



Type: Horse therapy Center

Location: Cordoba City

Hippotherapy literally means "treatment with the help of the horse" from the Greek word, "hippos" meaning horse. Specially trained physical and occupational therapists use this treatment for clients with movement dysfunction. In Hippotherapy, the movement of the horse influences the patient. The patient is positioned on the horse and actively responds to his movement. The therapist directs the movement of the horse; analyzes the patients' responses; and adjusts the treatment accordingly. This strategy is used as part of an integrated treatment program to achieve functional outcome.

The center it's a governmental project, for this reason, patients with no medical insurance can receive treatment for free. By moving the rider's body in a manner similar to a human gait, therapeutic riding helps individuals with a wide range of disabilities gain strength, balance and confidence. Interacting with horses is also fun, motivating and empowering, which promotes social, communicative and cognitive progress.

How you can help

Our volunteers collaborate with specialized staff in hippotherapy treatment for kids. They also take part in activities involving horse grooming, maintenance of the facilities and a variety of other supportive tasks needed in the hippotherapy centre.

Whether you are an enthusiast with many years of horse experience or come with no experience and would like to learn more, you can help us run a high quality and safe therapeutic riding program.

We expect that they have the necessary abilities and skills for a successful international volunteering experience: ability to adapt to a new environment/ culture and a genuine commitment with the host organization.

Your Spanish level should be basic.

This project is available from March to December.

Volunteers work 16 hours per week, 4 days a week from Tuesday to Friday during the afternoon.

The project is 30 km away, so 35 minutes from where you're staying and you'll have to take a bus to get there. Set aside a budget of 40 ARS per day for the transports.

You'll need outdoor clothes, boots, a hat, sunglasses, sun block, and long pants.

Expectations

- To assist therapists & teachers
- To help with everyday care of the horses
- Accompanying patients during initialization stage.
- Interact with the patient's parents/tutors, etc.
- Cleaning: We operate out of a barn, so we clean a lot! Grounds keeping: Weeding, mulching, planting, etc.
- Handyman / general repairs: We work out of an older facility so we can always use a hand with repairs or construction projects.
- Help in the barn: Mucking stalls, filling water buckets, cleaning tack, grooming horses, and so forth
- Family events: Throughout the year we do many different family events

Accommodation

The hostel is fully equipped, hot shower, TV and Wi-Fi access available. We do not offer meals; you will have a full equipped kitchen to cook or a cheap restaurant or a bar to buy food nearby. Supermarkets are open from 8 to 10 pm.

