



Summer camp in Portugal



This summer camp in Lisbon, Portugal, aims to help you improve your skills with daily **surfing lessons in an English-speaking environment**. Over the course of a week, you'll alternate between learning surfing techniques through both theory and practice, as well as participating in a variety of activities with other program participants to build connections.

Surf lessons

Included:

- 15h Surf course (Group theory lesson, daily briefing)
- All the equipment is included (Board & wetsuit)

Surfing is all about fun, and in our surf lessons, we ensure that everyone improves their skills while having the most enjoyable experience on the waves. Our beach offers waves **suitable for all skill levels**, and our surf instructors will ensure that your child catches the waves of their life. Our surf instructors are locals from our hometown, bringing with them many years of experience in teaching and surfing. They will guarantee that your child has a week filled with surfing, helping them improve their surf level.

Cultural activities

As you know, our days are filled with surfing, and after hitting the waves, we provide a wide variety of exciting activities. At this camp, your child will never experience a dull moment.

Daytime activities:

- Paintball
- Tree climbing
- Water games in our garden
- Pool activities
- Volleyball
- Excursion to Lisbon, introducing
- them to the Portuguese culture

Nighttime activities:

- Movie night in our garden with a big screen
- Talent show for them to show their skills
- Karaoke night

Schedule

The program lasts for one week, and activities may vary.

Sunday:

Participants arrive on Sunday. A welcome session will be held to greet you. After dinner, enjoy some games followed by well-deserved rest.

Saturday:

- 8:00 AM: Breakfast
- 9:30 AM: Surf lesson
- 11:00 AM: Beach games
- 1:00 PM: Lunch
- 2:30 PM: Surf lesson
- 4:00 PM: Pool time
- 6:00 PM: Theory class
- 7:00 PM: Dinner
- 8:00 PM: Just Dance competition
- 10:00 PM: Rest

Monday:

- Morning: Surf lesson and beach games
- Afternoon: Surf lesson, pool time, and free time
- Evening: Water games outdoors

Tuesday:

- Morning: Surf lesson and beach games
- Afternoon: Paintball and free time
- Evening: Sports competition

Wednesday:

- Morning: Surf lesson and beach games
- Afternoon: Tree climbing (zipline park) and free time
- Evening: Movie night

Thursday:

- Morning: Surf lesson and beach games
- Afternoon: City tour
- Evening: Talent show

Friday:

- Morning: Surf lesson and beach games
- Afternoon: Surf lesson, pool time, and free time
- Evening: Barbecue and karaoke night

Saturday:

- Morning: Breakfast
- Departure

Why Join?

- Meet students from diverse backgrounds
- Take surf lessons and other sports and cultural activities
- Improve your English in a fully immersive environment
- An intercultural experience to grow and broaden your perspectives

Your accommodation

Just a few minutes walk from the beach in the beautiful and calm neighborhood of São João da Caparica. The surf camp accommodates 65 people and the rooms are spacious with comfortable beds for a well deserved rest after a long day of summer camp activities. Alongside our spacious garden we have a pool which makes it the perfect playground for your kids to have the best holiday ever.

Room type:

- Girls shared rooms
- Boys shared rooms

- Single rooms
- Twin shared rooms by gender

Facilities:

- Pool
- Games room
- Chilling areas
- Garden

Meals

All meals are included. 3 meals per day.

All meals at our camp are prepared by our professional chef, offering a diverse selection throughout the week to ensure your child has ample energy for all activities.

For those following **vegetarian** or **vegan diets**, we provide dedicated options at every meal.

If your child has any food allergies, please inform us during the booking process so we can adequately prepare for each meal. We supply healthy snacks and water throughout the day, ensuring your child never goes hungry.

During the Lisbon tour day, **we won't provide lunch and dinner at the camp.** However, we carefully select restaurants that can accommodate all food allergies and preferences. **Please ensure your child has money for these two meals outside the camp.**

Supervision

The supervising staff is always present with the participants to assist, support, and guide them at any time.

Transportation

Students arrive **on Sunday** and depart on Saturday according to the program dates. Airport transfers are included.

Duration: 1 week

Requirements

- Ages **13-17 years old**
- Copy of passport or ID card
- All English level accepted