



In this program volunteers will be immersed in an authentic farming and forest experience, surrounded by nature and farm animals with horses as their buddies.

As a volunteer, you will be placed in a non-profit focused on supporting the local community through environmental education projects, rehabilitation of disabled people, and social inclusion.

You will be working side by side with the organization's staff as well as with the local youth community. You will support the hippotherapy classes, give a hand on the vegetable garden, patrol the forest on a horse to prevent fires, supervise kids on their educational summer camps, reforest the wild areas with native trees, collect seeds, and even herd a small flock of goats and sheep.

If you are a horses' lover this project is for you! At the majority of the activities, horses will be your companion for the environmental protection and social inclusion activities and your transportation mode, so you can be able to help on the maintenance of the 3 hectares wild area, as well as support the horse school. This is also the best opportunity to learn how to ride, if you didn't yet. The school is ready to welcome beginners and give them week classes at an affordable price that you can include on your program fee.



INCLUDED

- Pick up at the international airport in Porto & transfer to the accommodation (On the Saturday or Sunday prior to an Introduction Day);
- Accommodation at a dormitory at a center-located hostel, max. 4-bed female dormitory or mixed dormitory;
- Three meals a day everyday: Breakfast, lunch and dinner (Local style. Vegetarian, gluten free and meals for lactose-intolerant are also available upon request);
- Shared use of common spaces and free WIFI;
- Orientation event on arrival (including an introduction to Portugal and culture, volunteer experience, an overview of programs, practical information, safety guidelines); – Guided city tour and the best tips to discover the city;
- Allocation and coordination of a work placement in a sustainable project and contact person in the project;
- Introduction on the first day of volunteering;
- Ongoing support throughout the stay;
- 24h/7 emergency support by phone or personally;
- Limited coverage civil liability insurance.

NOT INCLUDED

Flights

Pick-up at the airport on other dates

Drop-off at the airport

Transport between accommodation and volunteer project location

Personal expenses

Personal insurance (health or accidents)

A typical daily schedule for an evening shift will look as follows:

09:00 am | Travel to your project by public transportation and join the local staff to volunteer at the equestrian center

01:00 pm | Have lunch at the project site

02:00 pm | Explore the city and the surroundings and learn Portuguese during your free time

09:00 pm | Dinner with other international volunteers and other travelers at the accommodation

Please note that the actual schedule can change according to the season the volunteer is applying for.