

# SURF AND OCEAN CONSERVATION



**LOCATION :** Lisbon

**AVAILABILITY:** Available all year

AIRPORT : Lisbon (LIS)

#### **OVERVIEW :**

This program combines surfing in Portugal with environmental action, providing a unique opportunity to engage in sustainability while connecting with the ocean.

Start your journey on the stunning beaches of Portugal, where surfing meets sustainability. Experience the thrill of riding waves while connecting deeply with the ocean. After mastering the surf, give back to nature by joining our beach and forest cleanups. Our surf camps go beyond just keeping the shores pristine; they offer a hands-on approach to combating single-use plastics and preserving our beautiful coastline.

Ready to make a difference ? Join us and transform your passion for surfing into meaningful action. Together, we can create a cleaner, more sustainable world. Make waves with us and surf with impact !

### YOUR ROLE AS A VOLUNTEER

Volunteers participating in the surf and ocean conservation project will have various essential tasks aimed at preserving the marine environment. Key activities include beach clean-ups, trash collection, plastic sorting, and the destruction of harmful plastics. Additionally, volunteers will have the opportunity to assist in the production of skateboards and paddle boards, further promoting sustainable solutions. A crucial part of their mission will also involve raising public awareness about environmental issues, thereby encouraging greater consciousness and collective action for ocean protection.

#### WHAT IS INCLUDED :

- Pick up at the international airport in Lisbon & transfer to the accommodation
- Accommodation at a dormitory at an impactful hostel, female, male or mixed dormitory
- Three meals a day everyday: Breakfast, Lunch, and Dinner local style. Vegetarian, gluten-free and meals for lactose-intolerant are also available upon request
- Shared use of common room, outdoor area, garden, and free wifi
- Orientation event on arrival including an introduction to Portugal and its culture, volunteer experience, overview of programs, practical information, safety guidelines
- SIM card
- Guided city tour
- The best tips to discover the city!
- Allocation and coordination of a work placement in an impactful non-profit project
- Introduction on the first day of volunteering
- Ongoing support throughout the stay
- 24h/7 emergency support
- Limited coverage civil liability insurance.

## WHAT IS NOT INCLUDED :

- Flights
- Pick-up at the airport in other dates
- Drop-off at the airport
- Transport between accommodation and volunteer project location
- Personal expenses

#### **ABOUT THE ACCOMODATION :**

The volunteer house is located in Cascais, a small fishing village 45 minutes from Lisbon. Accommodation is provided in the volunteer house, with shared rooms accommodating up to 8 people. There are two types of dormitories in the house: mixed dorms and female-only dorms. Common areas are shared, but there are separate bathrooms/toilets. Volunteers will have access to a common room, outdoor spaces including a garden and a pool for relaxation. WiFi is available throughout the house and is free of charge.

The house does not have air conditioning, but it is a beach house with large windows that are opened and closed daily by the cleaning team.

There are crates under each bunk bed for volunteers, who just need a padlock to secure them.

Minors have a curfew of 10 PM unless they have permission from their guardian to leave the house.

Meals are prepared daily, featuring local cuisine, with the possibility to accommodate specific diets upon request (vegetarian, vegan, lactose-free, gluten-free, etc.).