



# Road trip in Laos

From the sacred rituals of Luang Prabang to the riverside villages of Nong Khiaw and the adventure capital of Vang Vieng this 3-week road trip blends culture, nature and community in one unforgettable experience.

# Program description

Journey through Laos where timeless traditions meet stunning landscapes. This 21-day journey across Laos introduces you to a country of spiritual charm, natural beauty and authentic cultural encounters. Explore UNESCO World Heritage Luang Prabang, trek to remote hill tribes, cruise rivers at sunset, volunteer alongside local communities, and discover mountain viewpoints, caves and river adventures in Vang Vieng. Balanced with free time for exploration, this itinerary combines heritage, hands-on experiences and adventure.

The program begins in Luang Prabang where centuries-old Buddhist traditions blend with lively markets and waterfalls. You'll trek to Hmong and Khamu villages, learn local crafts, take part in cooking classes and witness the almsgiving ritual.

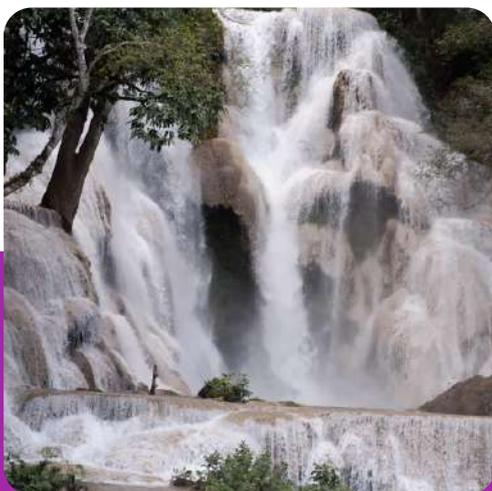
A week of volunteering lets you contribute to meaningful community projects. From there travel north to Nong Khiaw, a riverside town framed by limestone peaks, where you'll hike, boat and visit caves linked to Lao history. The final chapter is in Vang Vieng with its turquoise lagoons, caves, tubing, kayaking and mountain treks, giving you adventure and relaxation in equal measure. Each location offers a different face of Laos connected through rivers, rituals and warm hospitality.

## **Program Highlights:**

- Heritage walks and temple visits in Luang Prabang
- Two-day trek to Hmong and Khamu villages with homestay
- Cooking classes and traditional Basi ceremony
- Volunteer projects supporting local communities
- Sunset cruises on the Mekong and Nam Ou Rivers
- Trekking rice paddies and exploring war history caves in Nong Khiaw
- Mountain hikes and panoramic viewpoints
- Kayaking, tubing and zip-lining in Vang Vieng
- Free time to explore night markets and riverside cafés

# Additional equipment

- Lightweight clothing for hot weather
- Modest attire covering knees and shoulders for temples and ashrams
- Comfortable walking shoes and sandals
- Hiking shoes or trainers for treks and Dharamshala walks
- Yoga or activewear for daily sessions
- Swimwear for kayaking and lagoons
- Warm layers or fleece for Dharamshala evenings
- Rain jacket June to September
- Scarf or shawl for temple visits
- Daypack for daily excursions
- Flashlight or headlamp
- Mosquito repellent and mosquito net
- Locks for bags and hostel lockers
- Reusable water bottle and purification tablets
- Sunglasses hat and sunscreen
- Personal toiletries eco-friendly if possible
- First-aid kit



# Schedule

## Day 1

- Welcome to Laos
- Arrival into Luang Prabang and orientation. Group welcome dinner.
- Overnight at the accommodation, Luang Prabang

## Day 2

- Cruising the Mekong
- Full-day Mekong boat trip to Buddha Cave and Whisky Village. Afternoon flower-making, temple offering and Lao cooking class. Evening at Luang Prabang Night Market.
- Overnight at the accommodation, Luang Prabang

## Day 3

- Monks and Waterfalls
- Morning almsgiving ritual and village visit. Afternoon Kuang Si Waterfall and Bear Conservation Center. Evening BBQ and bowling with the team.
- Overnight at the accommodation, Luang Prabang

## Day 4–5

- Luang Prabang Villages
- Two-day trek to Hmong and Khamu villages. Learn handicrafts, join a Basi ceremony and stay with local families.
- Overnight: Homestay Village (Day 4) and the accommodation, Luang Prabang (Day 5)

## Day 6

- City of Heritage
- City tour of Luang Prabang including Royal Palace Museum, Wat Xieng Thong and Phusi Hill sunset.
- Overnight: at the accommodation, Luang Prabang

# Schedule

## Day 7–8

- Free and Easy Weekend
- Free weekend for rest or exploration.
- Overnight: at the accommodation, Luang Prabang

## Day 9–11

- Volunteering and Village Life
- Community volunteering projects with cultural evenings and BBQ.
- Overnight: at the accommodation, Luang Prabang

## Day 12

- Sunset on the Nam Ou
- Travel to Nong Khiaw. Sunset cruise on the Nam Ou River. Group dinner by the riverside.
- Overnight: at the accommodation, Luang Prabang

## Day 13

- Paddy Paths and Caves
- Day hike through rice paddies to tribal villages. Afternoon visit to historical caves. Evening free by the river.
- Overnight: Say Lom Guesthouse

## Day 14

- Mountain Peaks and River Views
- Boat ride and hike to mountain viewpoint for sunset.
- Overnight: Meexai Guesthouse

## Day 15

- Travel to Vang Vieng
- Transfer to Vang Vieng. Dinner and explore the night market.
- Overnight: Vang Vieng Rock Backpacker Hotel

# Schedule

## Day 16

- Lagoons and Caves
- Visit Blue Lagoon and Phu Kham Cave. Afternoon zip-line adventure. Evening free by the river.
- Overnight: Vang Vieng Rock Backpacker Hotel

## Day 17

- Mountains and Tubes
- Morning trek to viewpoints. Afternoon tubing on the Nam Song River.
- Overnight: Vang Vieng Rock Backpacker Hotel

## Day 18

- Kayaks and Caves
- Full-day kayaking and cave exploration. Evening free.
- Overnight: Vang Vieng Rock Backpacker Hotel

## Day 19

- Caves and Markets
- Explore Tham Jang Cave and Phahom market. Evening free.
- Overnight: Vang Vieng Rock Backpacker Hotel

## Day 20

- Farewell Laos
- Breakfast, farewell and free transport back to Luang Prabang or Vientiane.
- Meals B

This schedule can be changed and/or amended depending on weather conditions, local conditions, and unforeseen circumstances.