



## Eco Volunteering in Kenya



Come and take part in farm activities and discover an authentic and wild Kenya while contributing to the protection of the environment, farm animals, and wildlife, as well as helping underprivileged children.

### HIGHLIGHTS :

- Introduction to animal communication and equine zooanthropology by Astrid (if present in Kenya) or via a video projected on a big screen.
- Opportunity to go on a safari at cost price:
  - Nakuru (1-day trip) for 2-week stays.
  - Nakuru (1-day trip) and Maasai Mara (3-day trip) for 3- and 4-week stays.

### Your participation will help us:

- Build suitable harnesses for donkeys
- Support underprivileged children at the kindergarten we assist
- Study the behavior of monkeys (colobus and vervet monkeys)
- Identify various bird species (nearly 200 recorded)
- Raise awareness among local communities (adults and children) about environmental protection, wildlife conservation, and the proper treatment of domestic animals
- Record and study indigenous trees and plants with medicinal properties
- Help collect waste in the village and surrounding areas
- Maintain the farm (fences, roofs, gardening, general upkeep, etc.)
- Provide care for domestic animals

Programs of 2, 3, or 4 weeks. Available all year round. Arrival on Saturday morning, departure on Friday evening. Supervision provided by Edwin, a certified nature guide specialized in African wildlife, and Erick, the assistant director, along with our local guides and caretakers. The program is overseen by Astrid, the director-a veterinarian and biologist by training, an animal communicator, and a Reiki practitioner.

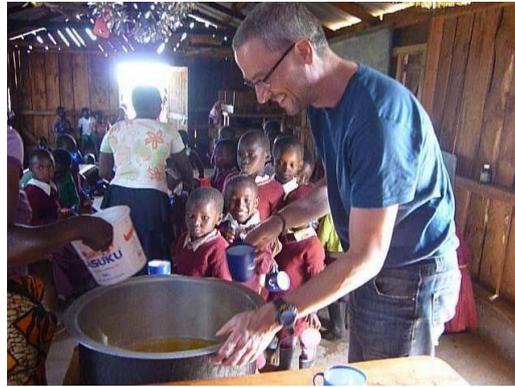
## Requirements:

- No age restrictions (adults or teenagers accompanied by an adult).

Assurance obligatoire.

- Basic knowledge of English required.
- Open to all nationalities.
- Mandatory insurance.
- **Key qualities:** adaptability, ability to live in a group, resilience, initiative, good physical condition, love for nature and both domestic and wild animals, and a desire to discover Africa and its people

Our program is open to everyone—the most important thing is motivation!



## Proposed Activities:

- **Donkey Harness Making & Awareness:** Crafting proper harnesses for donkeys and educating the local population on the risks of injuries and infections caused by poor harnessing.
- **Support for Underprivileged Children:** Assisting children in need and raising awareness about environmental protection in schools and on the farm.
- **Waste Collection:** Helping clean up the village of Subukia and its surroundings.
- **Wildlife Observation & Research:** Studying the behavior and tracking populations of Guereza colobus monkeys and diademed monkeys.
- **Biodiversity Monitoring:** Identifying and recording bird species, and if possible, spotting river otters, duikers, leopard tortoises, and tree hyraxes.
- **Farm Animal Care:** Inspecting farm animals (cows, sheep, horses, donkeys, dogs, geese, ducks), assisting with feeding, health checks, and general care.
- **Medicinal Plant Research:** Identifying and cataloging indigenous trees, plants, and flowers with medicinal properties.
- **Farm Maintenance & Gardening:** Repairing fences, maintaining thatched roofs, tending to the vegetable garden, and caring for animal enclosures.
- **Cultural Immersion & Trekking:** Visiting the village of Subukia, exploring the valley through hikes, and stopping at local homes to experience rural Kenyan life.
- **Horse-Related Activities:** Grooming, guided walks, and an introduction to zooanthropology (studying human-animal relationships).
- **Donkey Walks:** Leisurely walks alongside donkeys.

- **Cultural & Educational Activities:** Introduction to Swahili, conservation education, lessons on animal behavior, Kenyan ethnic groups, and local cuisine.
- **Excursions:** Trips to Nyahururu (Thompson Falls, hippos, Saint Martin Mission), Mary's Village (Catholic mission and basilica), Igana Viewpoint, and the Berea tea and coffee farm.

### Accommodation & Meals:

**Accommodation:** Stay in two-bed bandas with a private bathroom. Solar panels provide electricity.

**Meals:** Enjoy meals at the restaurant by the lake, offering both local and international cuisine.

