



## Construction project in Kenya



### Program Description

Contribute to construction and renovation projects in rural Kenya. This construction program located in **Nakuru, Kenya**, has it all! Once you arrive, you will have the opportunity to collaborate with friendly locals on basic construction projects and **help improve the living standards** of the local community. The project lets you be a part of the community and help out.

### Program Highlights

- Assist in the construction and renovation and improve essential spaces such as classrooms, homes, and recreational areas, directly benefiting local children and families.
- Gain practical experience with tasks like cement mixing, plastering, painting, roofing repairs, and creating sanitation systems. And other skills like carpentry, masonry, and painting
- Collaborate with local residents, fostering mutual understanding and cultural exchange.

- Learn about construction methods in rural settings and the innovative ways communities adapt to challenges.

## Aims & Objectives

This program is dedicated to improving the living standards of rural Kenyan communities through essential construction and renovation projects.

- Create opportunities for **cultural exchange** through our efforts with the locals.
- Give you some hands-on experience with light construction and renovation work.
- Support the local Kenyan community by improving their living standards with our construction and renovation efforts.
- **Gain practical experience** in constructing and renovating spaces.

## Your tasks as a volunteer

- Participate in building and renovating homes, schools, and community spaces.
- Help enhance educational facilities by constructing classrooms and playgrounds.
- Assist with the painting and refurbishment of cultural sites such as churches and convents.
- Prepare and transport construction materials, dig foundations, and lay bricks.
- Engage in woodworking tasks, including furniture repair and crafting.
- Collaborate with local residents to identify needs and provide tailored solutions.

## Schedule

### Monday to Friday

- **Morning:** Begin your day with a hearty breakfast before heading to the project site. Receive a briefing from the coordinator outlining your tasks for the day.
- **Midday:** Take a break for lunch at a nearby facility or on-site, re-energizing for the afternoon's work.
- **Afternoon:** Continue with construction or renovation activities, focusing on tasks like building, painting, plastering, or repairing furniture. Work approximately 4–5 hours each day.
- **Evening:** Return to your accommodation, unwind over dinner, and reflect on the day's progress.

\*This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.\*

## Accommodation

Our accommodations include four units, each with three spacious bedrooms and comfortable double beds. Each room can accommodate **two to eight people**, depending on the size of the room. We also have private rooms with dedicated bathrooms. Each room has its own bathroom and toilet.

## Meals

**3 meals on weekdays, 2 on weekends.** The food provided will primarily consist of Kenyan cuisine. This cuisine is primarily composed of a variety of vegetables, potatoes, eggs, bread, and pancakes commonly referred to as "chapati," as well as an assortment of fruits such as oranges, bananas, and avocados.

## Mandatory Orientation Day

You will attend our orientation day **on Monday of your first week** at this location to become acquainted with the surroundings as well as the local culture. Your program will continue as usual from Tuesday onward throughout the rest of the week.

## Sights & Surroundings

- **The Great Rift Valley:** It is an unforgettably scenic area, featuring hot springs, geysers, and lakes, as well as volcanoes, some of which are still active.
- **Lake Nakuru National Park:** is one of the best national parks in Kenya. You will enjoy a wide variety of wildlife species, especially the flamingos, which make the lake look pink.
- **Menengai Crater**
- **Aberdare National Park:** The park is mainly a habitat for elephants, black rhinos, leopards, and other wild animals.
- **Baboon Cliff View Point:** It is the most popular view point in Lake Nakuru National Park. It gets its name from the baboons that are common around that cliff
- **Lake Bogoria:** The entire lake is surrounded by dwarf trees and grass, where you can find zebras, duikers, hyraxes, and many other wild animals.
- **Lord Egerton Castle**
- **Lake Naivasha:** is a pearl in the Great Rift Valley and one of the most beautiful freshwater lakes in Kenya.