



Teaching project in Peru



QUICK OVERVIEW

Our teaching in Peru program takes place in the vibrant city of Cusco, home to ancient Incan ruins and amazing Peruvian architecture and culture. Our Peru teaching program is located in a local community public elementary school in Cusco and you'll be working with local children aged 6-11 years old to improve their English and sports skills. This is the perfect program for volunteers wanting to make a real difference in the local community while developing their teaching skills and experience. You will receive support and training in the placements, enabling you to truly make the most of this amazing program.

Teaching English in Peru

This project is based in a public elementary school in Cusco, teaching girls in the mornings and both girls and boys in the afternoons. In each classroom there are between 30 to 40 children and are all children from the local community, so you'll be

able to make a real impact on the surrounding community in Cusco. Working as a teacher abroad in Peru will also help you gain priceless work experience, meet some great friends and like-minded people along the way and most importantly, make a real impact through volunteering.

Sports Teaching in Peru

Our sports teaching program in Cusco is held in the same elementary school. The aim of the program is to empower girls through sport, using physical education as a method for promoting leadership, teamwork and communication, self-confidence and healthy living. Empowering girls in communities is vital to encourage social mobility and development, so you'll really be able to help the community in a lasting way.

WHAT'S INVOLVED

Your time volunteering in Peru will consist of teaching English and supporting the teachers in local schools, developing activities and supervising children individually or in groups. You'll also play a key role in every child's personal development, developing their language skills and confidence. Your work as a teaching volunteer will be essential in helping children in the community reach their potential, allowing the community to thrive.

The teaching program is for a minimum of 4 weeks. Your teaching schedule will be given to you on arrival, but the teaching day is Monday- Friday, with mornings from 8am-1pm and afternoon hours from 1pm-5.45pm. This schedule leaves you with plenty of time to travel and experience the local area at the weekends.

If you opt to teach sports, the sports lessons are held on a sports field approximately 15 minutes' walk from the school. The sports teaching program is for a minimum of 4 weeks, during which time you'll work to develop lessons, the teaching curriculum and with children in groups and on an individual level. Each day will be different, so you'll be able to utilise and develop your sports teaching skills through fun, varied work.

You are able to combine both the Teaching English in Peru program and the Teaching Sport program in Peru to create your ideal teaching volunteering program.

Family Volunteers:

Our family volunteers can participate for 1 to 2 weeks with the option of joining our after school program. This program involves helping children with activities and english sessions after school between 2-6pm.

WHAT'S INCLUDED?

- Placement fees to schools or community
- Accommodation in home-stays

- All Meals
- 24/7 Emergency local numbers
- Airport Pick up
- Area Orientation on arrival
- Pre departure support

Not Included

- Flights to the program destination
- Medical and travel insurance
- Visa costs
- Vaccinations
- Airport Drop
- Transport to Project Sites
- Spanish Language Courses
- Excursions

Accommodation

You'll live in Cusco and stay at a homestay with a local Peruvian family. You will get a private room and an extremely friendly and welcoming family to live with. It's a truly immersive, life-changing travel experience and you'll make friends and connections for life.

All our volunteers will have access to western style **bathrooms** and home cooked meals will be organised on your behalf. Daily transport to your placement will be using **public transport** such as buses and auto rickshaws will be organised by us but you will have to pay extra for this. Don't worry its not too expensive in Peru and you can budget \$1-2 (£2) a day for this.

Please note that the majority of the houses in Cusco do not have central heating. Bedrooms can be very cold at night but blankets will be provided. Nonetheless, it can still be very **cold at night**. Therefore, please pack accordingly. Bring appropriate clothing for sleeping.

Laundry: On every street corner you will find a laundry. The price per kilo is S/. 3.00 to S/. 5.00 Nuevos Soles.

Internet: Not all guest families have internet. At the Project Peru school there is internet available with a **Wi-Fi** connection so you can always use the internet in the school. Also there are plenty of internet cafes throughout the city

Arrival and orientation

When you step out of the airport building you will see somebody waiting for you. Your host family member will have a **sign with your name** written on it.

You will be going to the Proyecto Peru School for your **orientation on Monday**. Your orientation tour will begin at 1pm at on Monday and it is compulsory so please do not miss this. Your family will show you the way to our school.

On arrival weekend you are free to explore, relax or spend time getting to know your host family. On your first day on the project (usually Monday) you will be taken to the project by Proyecto Peru staff who will come and pick you up. Your exact placement details will be given to you before arrival.

Transport

You will find taxis everywhere in Cusco. A taxi costs S/. 3.00 Nuevos Soles within the city center or other short distances. At night or for larger distances, it will cost S/.4.00 Nuevos Soles or a little bit more. It is best to take official taxis and taxis with a sign at the top. The public bus is the most popular way of transportation in Cusco.

Money

The Peruvian currency is the “Nuevo Sol”, however in some establishments prices are given in U.S. dollars. Local shops and markets only accept Soles. We recommend exchanging money in banks or in “casas de cambio”, because they offer more security and guarantees. NOTE: If you plan to exchange U.S. dollars, try to bring the newest and cleanest bills possible. Most places (even banks!) will NOT accept dollars that look old, dirty or torn. Credit cards can be used in high category establishments. In case you need cash, use one of the numerous **ATMs** located mostly in the centre of the city.

Weather

In Cusco, between May and September, temperatures can drop to about 3o C or even colder at night. From December to March, there may be heavy rains. Generally speaking, Cusco’s weather can be cold, but rarely freezing. The average annual temperature is 12o C, ranging from an average day temperature of 18o C and night time temperature around 6o C. There are no heating systems, so bring warm clothes. During the day it will be warm when walking in the sun. In Cusco the sun is very strong, so use sunscreen with a high factor.

Altitude

Cusco is situated at an altitude of 3360 meters, so altitude sickness can be a potential health risk. You must take care the first day: don’t drink any alcohol and don’t eat heavy meals. Take your time and take it easy when you arrive. You can buy pills in Cusco if you feel sick due to the altitude. At 3000 meters or higher, the air is dry and thin. This makes skin and especially lips dehydrated.

About Cusco

Cusco is a city with 420.000 people. Because of its location in a valley, the distances in Cusco are bigger. The school is located in the center of the city. The center is located in the north of the city. The center is very lively: there are lots of bars and restaurants. The majority of our home stays are located halfway the city, about 15-20 minutes by public bus to the center. The volunteer projects are located throughout the city.

In Cusco there are pickpockets active in crowded places, so always keep an eye on your belongings. During the day, it is safe to walk alone, just be careful with your valuables. Don't walk down the street at night, always take a taxi.