

Planeta First

Solidarity ecotourism

Adventure tour in Bali

An active week in Bali: cycling around Mount Batur, rafting the Ayung river, a sunrise climb up the volcano, surfing at Kuta and a visit to a sea turtle conservation centre.

Indonesia 5 days **From €755 per person**

The tour

This week shows Bali at its most energetic. It starts in **Kintamani**, an active volcanic area, with a bike ride looking out over **Mount Batur** and on through spice plantations and rice fields.

The days that follow move between sea and mountains: a day on **Serangan** island, visiting a turtle conservation centre and trying surfing on **Kuta** beach, rafting down the **Ayung** river, then a pre-dawn climb of Mount Batur to watch the sun rise from the top. The week winds down gently with a Balinese massage.

It suits reasonably fit travellers, whether on their own, with friends or as a family, who enjoy walking, cycling and early starts, and want to get close to the island's landscapes.

What makes it different

- Sunrise from the summit of Mount Batur
- White water rafting on the Ayung river
- A Balinese massage to round off the week
- Cycling through spice plantations and rice fields
- A surf session at Kuta





Day by day

Monday: Cycling in Kintamani

A bike tour of the Kintamani volcanic area, with views of Mount Batur, through spice plantations and on to the rice fields. Breakfast and lunch on the way.

Tuesday: Turtles and surfing

From 8am to 4pm, a visit to the turtle centre on Serangan island, then a surf session on Kuta beach. Lunch included, dinner back at the accommodation.

Wednesday: Rafting the Ayung

After breakfast, white water rafting on the Ayung river, with a break for lunch. Farewell dinner at 6pm.

Thursday: Sunrise on Mount Batur

An early-morning trek up the volcano to watch the sunrise, with breakfast at the top. Back to the accommodation for lunch and a restful afternoon.

Friday: Balinese massage

After breakfast, a traditional Balinese massage to ease the aches of an active week, then free time.

The programme may change depending on the weather and local conditions.

On site

Accommodation

Accommodation in a shared house, which is the base for the week's outings.

Meals

Meals are included: lunch during the cycling, surfing and rafting days, breakfast at the top of Batur on Thursday, and dinners at the accommodation, including a farewell dinner on Wednesday.

Arrival

Airport pick-up and transfer to the accommodation are included; the return transfer is not.

Departures

Several departures a year, to be arranged with the team

Included

- ✓ Airport welcome and transfer
- ✓ Accommodation in a shared house
- ✓ Meals
- ✓ All activities in the programme
- ✓ 24/7 support and supervision
- ✓ A donation to the local project

Not included

- × Flights
- × Travel and repatriation insurance
- × Return transfer

Ready to go?

The Freepackers team arranges your trip and answers your questions, with no commitment.

freepackers.com/en/planeta-first/adventure-tour-bali/, **info@freepackers.com**

Prices and dates are indicative as of 31 October 2026 and confirmed by the team when you enquire.