

# Cape Town, Community & Conservation Safari for High School Group

# Trip Summary

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Airport Pick-Up — Your African Adventure Starts Here ✈️
Settle Into Your Cape Town Home 🏠
Welcome & South Africa Orientation 🌍
Welcome Braai — Your First Taste of South Africa 🔥

## Day 2- DISCOVER CAPE TOWN HISTORY AND CULTURE

Castle of Good Hope & Grand Parade — Step Into Cape Town's History 🏰
District Six — Discover the Stories Behind the City 🏘️
Bo-Kaap & Greenmarket Square — Experience the Colour of Cape Town 🌈
Company's Garden & Museum — Explore the Heart of the City 🌳

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Elephant Sanctuary — Meet One of Africa's Giants

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Marine Big 5 Boat Safari — Take to the Ocean

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## Day 12 - ONE LAST DAY IN CAPE TOWN

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Harbour Cruise — See Cape Town From the Water

Farewell Braai — Celebrate What You've Achieved

## Day 13 - HOMEWARD BOUND

Final Breakfast & Pack Up

Airport Transfer — Leave With More Than Memories

# Day 1- WELCOME TO CAPE TOWN

### Airport Pick-Up — Your African Adventure Starts Here ✈️

From the moment the students land at Cape Town International Airport, they are met by their dedicated local team leader.

The same team leader stays with the group throughout the journey, providing consistency, support and a familiar face from arrival to departure.

From here, it's off to their private group accommodation to settle in and get comfortable in their new home.

### Settle Into Your Cape Town Home 🏠

The group stays together in private accommodation reserved for the students rather than being mixed with adult volunteers.

Students have time to unpack, explore their surroundings and get to know the people they'll be sharing the next two weeks with.

It's the first small step towards greater independence and living responsibly as part of a group.

### Welcome & South Africa Orientation 🌍

Before the adventure really begins, students are introduced to Cape Town, the programme ahead and what they can expect during their stay.

The local team covers safety, local culture, group responsibilities and how to make the most of the experience. Students can ask questions and start preparing for everything that's ahead.

### Welcome Braai — Your First Taste of South Africa 🔥

The first evening ends the South African way — around a traditional braai. It's a relaxed opportunity to enjoy a local favourite, get to know the local team and start forming friendships within the group.

After a long journey, it's the perfect welcome to South Africa.










# Day 2- DISCOVER CAPE TOWN HISTORY AND CULTURE

### Castle of Good Hope & Grand Parade — Step Into Cape Town's History 🏰

Explore some of the landmarks that have witnessed centuries of Cape Town's history.

Students discover how the city developed and begin learning about the events and people that shaped modern South Africa.

It gives them valuable context before they begin spending time within local communities later in the programme.

### District Six — Discover the Stories Behind the City 🏘️

District Six introduces students to one of the most important chapters in Cape Town's social history.

Through the area's stories, they begin to understand apartheid, forced removals and the lasting effect these events had on families and communities.

It's an opportunity to encounter South African history through the experiences of real people.

### Bo-Kaap & Greenmarket Square — Experience the Colour of Cape Town 🌈

Walk through one of Cape Town's most recognisable neighbourhoods and experience the diversity, colour and character of the city.

Students have an opportunity to explore, see local crafts and experience the energy of central Cape Town.

It's a fun introduction to the cultures and communities that make the city unique.

### Company's Garden & Museum — Explore the Heart of the City 🌳

Spend the afternoon exploring the historic Company's Garden, one of Cape Town's best-known green spaces.

Students can visit the museum included in the itinerary, explore the gardens and meet their famously confident resident squirrels.

It's a relaxed end to a day filled with history, culture and new perspectives.







# Day 3- TABLE MOUNTAIN & NATURE

### Table Mountain — Stand on a Natural Wonder ⛰️

No Cape Town experience is complete without Table Mountain. Depending on weather and group ability, students will hike or take the cable car up this world-famous landmark.

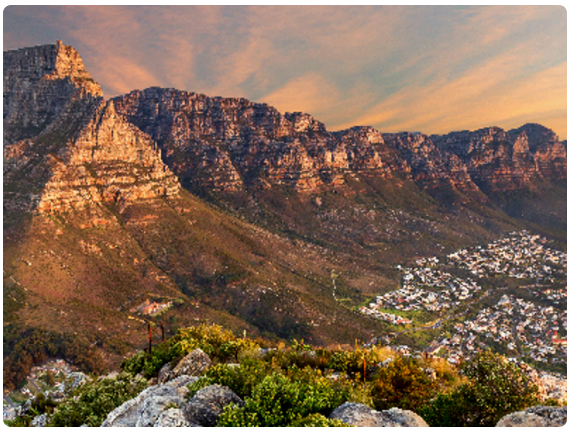
Reaching the top brings spectacular views and the satisfaction of standing on one of the New 7 Wonders of Nature.

### Botanical Gardens & Picnic — Discover the Cape's Natural Side 🌿

After Table Mountain, slow things down with a picnic and time exploring the botanical gardens.

Students experience another side of the Cape's remarkable natural environment while enjoying time together outdoors.

It's a chance to relax, explore and appreciate just how different South Africa's landscape can be.







# Day 4- COMMUNITY MEETS ADVENTURE

### Meet the Community — The Service-Learning Journey Begins 🤝

Students are welcomed into the partner school and introduced to local staff and children.

They learn about the community, what the programme does and how they'll be involved during the coming days.

The emphasis is on working alongside people, listening and learning rather than arriving with assumptions about what a community needs.

### Working With Children — Learning to Participate Responsibly 🧑

Before activities begin, students receive guidance on safety, safeguarding and appropriate behaviour when working with children.

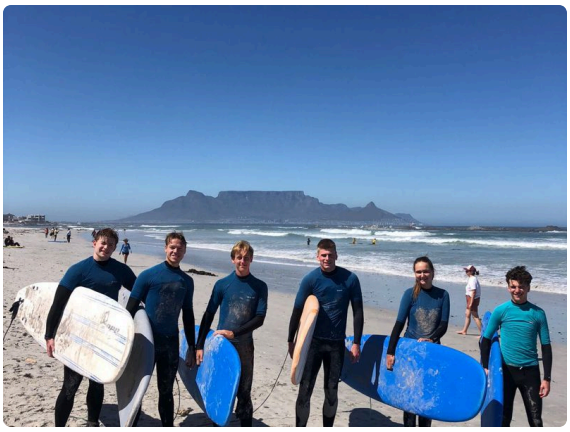
They learn why responsible community engagement matters and what is expected of them as visitors.

This prepares them to participate confidently and respectfully throughout their community week.

### Learn to Surf — Take on the Atlantic Ocean 💪

In the afternoon, it's time for a completely different challenge. With a qualified instructor, students learn the basics of surfing and take their first attempts at standing up on a board.

Whether they get it immediately or spend most of the lesson falling off, the real challenge is having the confidence to keep trying.







# Day 5- SCHOOL & COMMUNITY CONNECTION

### Classroom Experience — Step Into a South African School 📚

Students spend the morning alongside local educators and children, supporting activities such as reading, games, arts and crafts.

Rather than simply observing, they get involved in everyday activities and begin building relationships.

It's where cultural exchange becomes personal rather than something learned from a textbook.

### Sport & Games — Connect Without Borders ⚽

The afternoon uses sport and games as a way for young people from different backgrounds to connect.

Students quickly discover that you don't need to share the same upbringing to laugh, play and work as a team.

It's active, informal and often where some of the strongest connections begin.







# Day 6 - GET INVOLVED & MAKE A CONTRIBUTION

### Education & Creative Activities — Learn by Doing 🎨

Back at the community programme, students become increasingly comfortable participating alongside staff and children.

Activities may include reading, games, creative sessions and classroom support according to what is needed that day.

Students start taking more initiative rather than waiting to be told what to do.

### Community Action Project — Leave Something Useful Behind 🛠️

The group may also contribute to an appropriate practical project such as painting, organising donated materials or helping improve a programme space. Students work together towards a visible shared goal.

It teaches that impact doesn't always need to be complicated — sometimes many people contributing a little can achieve something worthwhile.

### Beach & Adventure Activities — Learn Through Play 🏄

The afternoon brings the group together through beach games and Adventure Club-style activities.

Depending on weather, swimming ability and conditions, this can incorporate surf, skate, swimming or organised games.

Students learn leadership and teamwork while simply having fun alongside local young people.







# Day 7 - LEADERSHIP & TEAMWORK

### Take the Lead — From Participant to Team Member 👥

By now students know the programme, staff and children much better. They can begin taking greater responsibility within suitable activities, helping organise games, supporting smaller groups or assisting with creative sessions.

It gives students a safe opportunity to practise leadership, communication and initiative.

### Sport, Beach & Youth Development 🤾

The afternoon returns to active youth-development activities through sport, beach or Adventure Club experiences.

Students aren't just participating anymore — they're learning how to encourage others, include different abilities and help an activity work as a group.

Leadership becomes something they practise rather than something they're taught.



# Day 8 - CELEBRATE THE COMMUNITY WEEK

### Final Community Morning — Celebrate the Connections ❤️

Students return for their final activities with the school and community programme.

After several days together, the experience feels very different from that first introduction.

It's a chance to enjoy the relationships that have developed, finish activities and reflect on what both groups have learned from one another.

### Sandboard the Atlantis Dunes — Finish on a High 🙌

Then it's time for pure adventure. Students head into the spectacular Atlantis Dunes and experience the thrill of sandboarding down the white dunes.

It's fun, challenging and a memorable way to celebrate everything the group has accomplished together during the week.

### Sundowners — An African Sunset to Remember 👲

After sandboarding, the group slows down and watches the sun set over the dunes. It's a chance to celebrate, take photographs and reflect on a week of completely new experiences.

From meeting the community to surfing and service learning, students can begin recognising just how much they've already achieved.







# Day 9 - THE AFRICAN SAFARI BEGINS

### Garden Route Road Trip — See South Africa Change Around You 🚙

Leave Cape Town behind and head towards the Garden Route. During the scenic journey, students watch the landscapes change and experience parts of South Africa they would never see by staying in one destination.

The road trip becomes part of the adventure.

### Open 4x4 Safari — Search for Africa's Iconic Wildlife 🦁

Climb into an open safari vehicle with an experienced ranger and head into a private malaria-free game reserve.

Students may encounter giraffe, white rhino, kudu, lion, elephant, zebra, wildebeest and other African wildlife.

Every safari is different, so students have to watch, listen and let the bush reveal what is there.



### Learn From a Ranger — See Wildlife Differently 🔭

The ranger adds a completely different dimension to the safari. Students can learn about animal behaviour, tracks, habitat and the relationships between different species.

The aim is to leave seeing wildlife not simply as something to photograph, but as part of a much bigger living ecosystem.

# Day 10 - DEEPER INTO THE WILDLIFE CONSERVATION

### Morning Bush Drive — Wake Up in Safari Country

The day starts with another opportunity to explore a private reserve near Oudtshoorn. Wildlife may include buffalo, giraffe, rhino, kudu, porcupine, caracal and meerkat.

A second safari allows students to notice things they may have missed the first time and deepen their understanding of the African bush.

### Elephant Sanctuary — Meet One of Africa's Giants

Students have an opportunity to learn more about elephants and their behaviour while considering the responsibilities involved in wildlife care and conservation.

For many students, seeing these extraordinary animals will be one of the memories they take home.

### Road to Gansbaai — From the Bush to the Ocean

After the morning wildlife experience, the group travels towards Gansbaai. Within a single journey, students move from safari country towards one of South Africa's best-known marine environments.

The next chapter of their conservation experience is about to begin.







# Day 11 - MARINE BIG 5 CONSERVATION

### Meet the Marine Conservation Team — Discover the World Beneath the Waves

The morning begins with the Dyer Island Conservation Trust team. Students learn about the marine environment, the species found around Gansbaai and some of the challenges conservation teams are working to address.

It prepares them to see the ocean as an ecosystem rather than simply a place for recreation.

### Marine Big 5 Boat Safari — Take to the Ocean

Head out to sea in search of South Africa's Marine Big 5. Depending on season, conditions and wildlife movement, students may encounter dolphins, seals, whales, sharks and penguins.

There are no guaranteed sightings — and that's exactly what experiencing genuine wildlife in its natural environment is about.

### African Penguin & Seabird Sanctuary — Conservation in Action

Students visit the African Penguin & Seabird Sanctuary and learn about the challenges facing these animals. It gives them another perspective on conservation by seeing how organisations respond when wildlife needs assistance.

Students can connect what they have seen at sea with the conservation work happening back on land.







# Day 12 - ONE LAST DAY IN CAPE TOWN

### V&A Waterfront — Explore Cape Town's Famous Harbour ⚓

Spend time at one of Cape Town's best-known waterfront destinations. Students have an opportunity for final shopping, exploring and enjoying the atmosphere of the working harbour.

After a packed programme, it's also some well-earned relaxed time together.

### Harbour Cruise — See Cape Town From the Water 🚤

Take to the harbour for a different view of Cape Town and its famous mountain backdrop. It's a relaxed final activity and another opportunity for the group to enjoy the destination together before departure.

### Farewell Braai — Celebrate What You've Achieved 🔥

The final evening comes full circle with another South African braai. This time, however, the students around the table have shared nearly two weeks of adventures, challenges and new experiences.

The group debrief gives everyone a chance to talk about their favourite moments, what challenged them and what they have learned about themselves.







# Day 13 - HOMEWARD BOUND

### Final Breakfast & Pack Up 🧳

Students enjoy breakfast together before packing for home. By now, managing their belongings, being ready on time and working within the group's schedule should feel far more natural than it did on arrival.

It's a simple but important reflection of the independence developed throughout the trip.

### Airport Transfer — Leave With More Than Memories 🛫

The dedicated local team leader accompanies the group back to Cape Town International Airport for their departure.

Students leave with memories of Table Mountain, surfing, community connections, sandboarding, safari and marine wildlife — but also greater confidence, independence and perspective.



## Information & Documents

**Arrival Day** - Friday

**Airport** - Cape Town International Airport

**Orientation** - Friday

**Min Age:** 15 (with Parental consent)

**Max Age:** N/A - Medium level of fitness required

**High School Group Programme Includes**

- Airport transfers and all scheduled programme transport
- Private group accommodation in Cape Town, Oudtshoorn and Gansbaai/Garden Route
- 3 meals per day, including welcome and farewell braais
- Guided Cape Town city tour, District Six Museum and key city attractions
- Table Mountain visit
- Kirstenbosch Botanical Gardens and picnic
- V&A Waterfront and harbour cruise
- Community/school orientation and placement and Donation
- Adventure Club, sport and beach activities
- Surf lesson with qualified instructor
- Atlantis Dunes sandboarding
- Private reserve 4x4 game drives 2x
- Elephant sanctuary visit
- Marine conservation talk
- Marine Big 5 boat safari
- African Penguin & Seabird Sanctuary
- Dedicated qualified local team leader / chaperone
- 24-hour in-country support

Excludes: international flights, travel insurance, visas where applicable, snacks, drinks, personal expenses and optional activities not listed.